

# medicallasers

The Medical Laser service at Exeter Medical is registered with the Care Quality Commission and provides laser treatments to patients from across the South West.

In addition to treatments for birthmarks and other conditions that are available on the NHS, we are also able to offer cosmetic laser services to rejuvenate the skin or remove tattoos or unwanted hair. Personalised treatment packages that suit your individual skin type have been designed to combine laser treatments with a variety of other surgical or non-surgical aesthetic procedures.

## Skin rejuvenation using Intense Pulsed Light (IPL)

IPL has a rejuvenating effect when used on the face, neck, upper chest and lower arms. This can be enhanced and prolonged by a variety of pre and post IPL skin care treatments.

## Treating Acne using Intense Pulsed Light (IPL)

IPL is also a recognised treatment for mild to moderate acne. IPL calms the activity of the skin's sebaceous glands which are implicated in the formation of troublesome spots, and helps to remove bacteria from the skin, particularly when used in combination with specialist skin care treatments.

## Soprano hair reduction laser

The state-of-the-art Soprano laser is widely regarded as the best laser for painless hair reduction currently available. Soprano XL combines the gold standard features of 810nm diode HR with an exclusive SHR 'in motion' approach which delivers safe, fast and effective results.

## Tattoo removal

Many tattoos can be effectively removed using the Nd:YAG lasers at Exeter Medical. Treatment packages are available following a free consultation with our laser practitioners.

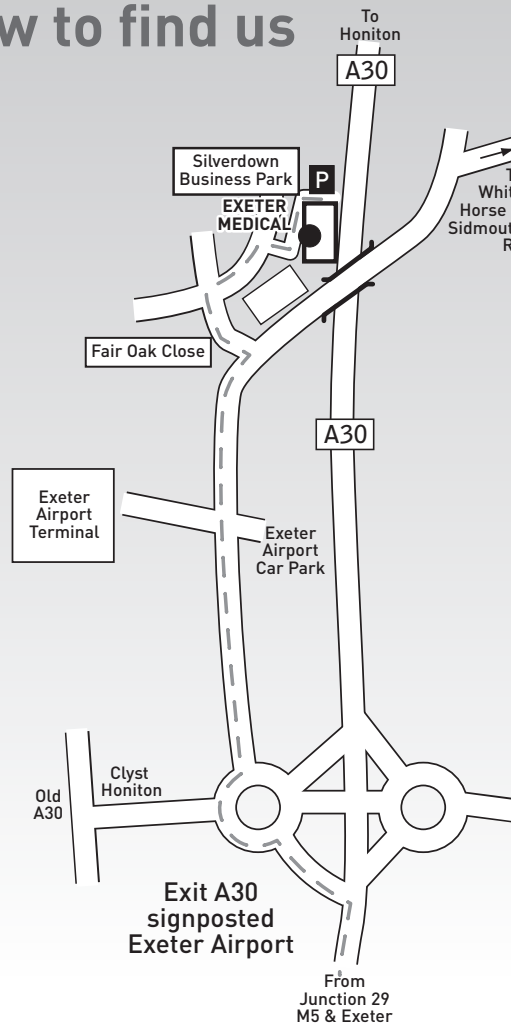
## Additional laser treatments

A variety of medical conditions, such as birth marks, visible blood vessels and other vascular problems that affect the skin can be treated using the Pulse Dye Laser at Exeter Medical.

You can contact your GP or Exeter Medical for further information on our specialist clinics.



## How to find us



Exeter Medical is conveniently located close to Exeter airport, just off the A30 linking Exeter and the M5 with Honiton. After leaving the A30 you will pass the airport on the left and the airport car park entrance on the right. After a further 300m turn left into Fair Oak Close and immediately right where you will see Exeter Medical.

If coming from the Sidmouth Road (A3052) via the B3184 we can be found just after the bridge crossing the A30. There is ample parking available, including disabled parking, in the bays marked with the Exeter Medical logo.



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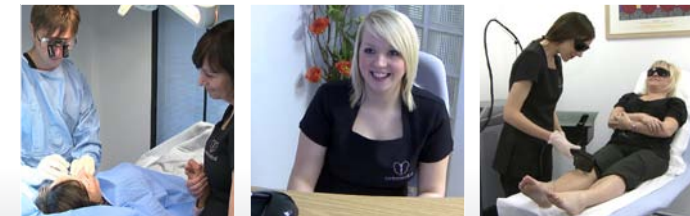


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[www.exetermedical.co.uk](http://www.exetermedical.co.uk)

If you're looking for a cosmetic treatment to boost your confidence, or expert advice and treatment from experienced consultants, Exeter Medical is the first choice clinic for you.



You're in safe hands



# cosmetic surgery

We are happy to offer you an individual consultation to provide you with all the information that you will need when considering cosmetic surgery.

We are registered as an independent clinic with the Care Quality Commission so you can be sure of the highest standard of care by experienced and fully qualified consultants in plastic surgery.

## Breast Augmentation

Breast augmentation, technically known as augmentation mammoplasty, is a surgical procedure to enhance the size and shape of a woman's breast.

## Breast Lift

Breast lift, or mastopexy, is a surgical procedure to raise and reshape the breasts to restore a more youthful appearance.

## Breast Reduction

Breast reduction, technically known as reduction mammoplasty, is designed for women with very large breasts. The procedure removes fat, glandular tissue, and skin from the breasts, making them smaller, lighter and firmer.

## Face lift

As people age, the effects of gravity, exposure to the sun, and the stresses of daily life can be seen in their faces. A face lift can be performed alone, or in conjunction with other procedures such as a forehead lift or eyelid surgery.

## Liposuction

Liposuction is a procedure that can help sculpt the body by removing unwanted fat from specific areas, including the abdomen, hips, buttocks, thighs, knees, upper arms, chin, cheeks and neck.

## Abdominoplasty

Known more commonly as a "tummy tuck," this is a surgical procedure to remove excess skin and fat from the middle and lower abdomen and to tighten the muscles of the abdominal wall.

# rejuvenation

We offer a range of treatment packages for all your individual needs.

## Treatments for lines and wrinkles with Vistabel® (botulinum toxin)

Patients often complain of unsightly lines and wrinkles on the face, in particular the frown lines between the eyebrows (the 'glabellar' area), horizontal forehead creases and the smile lines at the outer corners of the eyes – the crow's feet.

## Dermal fillers

A variety of dermal fillers are available including Restylane®, Perlane®, Softline®, collagen and Juvéderm® ULTRA.

When injected, they plump up lines and creases from the underside using substances that are found naturally in the supporting layer of the skin.

## Derma roller

An advanced micro-medical skin needling therapy that stimulates the skin to regenerate and repair itself naturally and safely, creating smoother, brighter, healthier, younger looking skin has been shown to significantly improve the appearance of acne scars, aged and sun-damaged skin, facial lines and wrinkles and stretch marks.

The procedure, which is performed after the application of local anaesthetic cream, takes 20-30 minutes and uses a medical device to introduce thousands of micro-medical needle-columns into the skin, which over the next 6 weeks naturally re-generates and repairs forming new collagen, generating new skin cells and enhancing blood supply. A course of 2-3 treatments is recommended and acne scarring may require more. There is very little down-time with redness usually subsiding within 24 hours. A full consultation is required with a trained practitioner prior to treatment.



## Microdermabrasion

Our new 'Diamond Tome – Skin Resurfacing System' microdermabrasion treatment that offers a simple, effective, painless solution to a wide range of skin conditions. Reveals radiance and natural luminosity whilst also helping to reduce fine lines and wrinkles in ageing skin.

DiamondTome is a unique deep exfoliation treatment using special diamond chips to polish the top layer of skin removing dead skin cells. Removing this layer of dead skin cells leaves a smoother, more radiant, youthful complexion and promotes the growth of healthy new cells.

DiamondTome offers a simple, effective, painless solution to a range of skin conditions, from ageing skin requiring a reduction in fine lines and wrinkles to tired, dull complexions that simply need a pick-me-up.

## Restylane Vital®

Restylane Vital is used to improve the appearance and elasticity of the skin by replacing the naturally-occurring hyaluronic acid in the skin that is lost with age, especially in areas such as the backs of the hands and décolleté.

## Chemical Peels

With age, patients often notice skin blemishes and fine lines appearing on the face and the backs of their hands. These sun-induced aging features can be treated with a chemical peel, specifically designed to rejuvenate the skin in these areas.

## Teeth Whitening - your smile is important.

Research has shown that one of the first things people notice when they meet someone new is their smile. Teeth whitening has become an easy way to instantly improve appearance, create a positive first impression and achieve a more youthful and radiant appearance.

